

Timeline for mentorship:

1 Complete a brief online application, including your resume and three references.

2 Have an interview with one of the program coordinators, then complete both the online RST volunteer training and the online mentor training.

3 Complete a background check. The background check costs \$10 and takes a few days to go through. If paired with a youth under 18, you must be fingerprinted as well.

4 Get matched with a mentee with similar interests. The first meeting will be an introduction with the program coordinator present and may include an interpreter if needed. You will learn about the mentee's goals and coordinate future meetings.

5 Meet with your mentee at least twice a month for 6 months, with a minimum of 8 hours per month. You will coordinate the schedule with your mentee and plan activities to do together or topics to discuss during the meetings. Meetings will be focused on building a supportive relationship and progressing on the mentee's self-identified goals. Once a month, you will submit your timesheet and check in with a program coordinator to share progress on goals and discuss any issues or concerns. If any problems arise or if the pairing is not a good match, the program coordinators are always available to offer guidance and support.

6 At the end of the 6 months, you will complete the mentorship and submit a brief report on progress, achievements, and your overall experience. You've just made a lifelong impact on your mentee!

